

# 2019 Preventive medications and your plan

## Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for generic preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis  
(a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your healthcare provider can help you avoid serious illness and high healthcare costs.

## Special coverage for generic preventive medications

The drugs on your plan's preventive medications list do not have a deductible.

This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Your plan only offers this special coverage for generic drugs on the preventive medications list. Preventive medications are a group of products in your plan's formulary which tells you what medications your plan covers.

Please note that most medications on the formulary have a deductible, but

generic preventive medications do not. To check the cost of any medication, see your benefit handbook or contact customer service at the member phone number on your ID card.

## Quality drives our decisions

A group of doctors and pharmacists meets often to review medications and suggest coverage under pharmacy benefit plans. They also recommend which medications should be on plan's generic preventive medications list.

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A list of generic preventive medications begins on the next page. Medications are listed by therapeutic category. Your specific plan may not cover all of the drugs. Please see your plan's formulary for coverage details. Oral and self-injectable Specialty medications are labeled with an SP note and may have limitations based on your plan benefit. For questions on injectable dose forms of preventive medications driven by your healthcare provider, please call the member phone number on your ID card.

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## Generic medications by therapeutic category

### ANTIPSYCHOTICS

aripiprazole  
 chlorpromazine  
 clozapine  
 fluphenazine  
 haloperidol  
 loxapine  
 molindone  
 olanzapine  
 olanzapine / fluoxetine  
 paliperidone ER  
 perphenazine  
 prochlorperazine  
 quetiapine  
 quetiapine ER  
 risperidone  
 thioridazine  
 thiothixene  
 trifluoperazine  
 ziprasidone

### ASTHMA AND COPD

albuterol neb / syp / tab  
 albuterol ER  
 budesonide suspension  
 cromolyn nebulizer solution  
 ipratropium inhalation solution  
 ipratropium / albuterol  
 isoproterenol  
 levalbuterol neb  
 metaproterenol  
 montelukast  
 terbutaline  
 theochron CR  
 theophylline  
 theophylline CR / ER  
 zafirlukast  
 zileuton ER

### CANCER

anastrozole  
 exemestane <sup>SP</sup>  
 letrozole <sup>SP</sup>  
 raloxifene  
 tamoxifen

### CARDIOVASCULAR/ HEART DISEASE

#### Anti-Anginal Agents

isosorbide dinitrate  
 isosorbide dinitrate ER  
 isosorbide mononitrate  
 isosorbide mononitrate ER  
 minitran  
 nitroglycerin  
 nitro-time  
 petn

#### Anticoagulants

ASA / dipyridamole  
 cilostazol  
 clopidogrel  
 dipyridamole  
 enoxaparin <sup>SP</sup>  
 fondaparinux <sup>SP</sup>  
 heparin  
 jantoven  
 prasugrel  
 warfarin

#### Cardiac Glycosides

digitek  
 digox  
 digoxin

### High blood pressure

acebutolol  
 afeditab CR  
 amiloride  
 amiloride / hctz  
 amlodipine  
 amlodipine / atorvastatin  
 amlodipine / benazepril  
 amlodipine / olmesartan  
 amlodipine / valsartan  
 atenol / chlorthalidone  
 atenolol  
 benazepril  
 benazepril / hctz  
 betaxolol  
 bisoprolol  
 bisoprolol / hctz  
 bumetanide  
 candesartan  
 candesartan / hctz  
 captopril  
 captopril / hctz  
 cartia xt  
 carvedilol  
 chlorothiazide  
 chlorthalidone  
 clonidine  
 dilt-XR  
 diltiazem  
 diltiazem CD  
 diltiazem ER  
 doxazosin  
 enalapril  
 enalapril / hctz  
 eplerenone  
 eprosartan

<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

<sup>+</sup> Product excluded from Premium Prescription Drug List

<sup>†</sup> Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule

ethacrynic acid  
 ezide  
 felodipine ER  
 fosinopril  
 fosinopril / hctz  
 furosemide  
 guanfacine  
 hydralazine  
 hydrochlorothiazide  
 indapamide  
 irbesartan  
 irbesartan / hctz  
 isradipine  
 labetalol  
 lisinopril  
 lisinopril / hctz  
 losartan  
 losartan / hctz  
 matzim LA  
 methyclothiazide  
 methyldopa  
 methyldopa / hctz  
 metolazone  
 metoprolol  
 metoprolol ER  
 metoprolol / hctz  
 minoxidil (tablet)  
 moexipril  
 moexipril / hctz  
 nadolol  
 nadolol / bendroflumethiazide  
 nifedipine  
 nifediac CC  
 nifedical XL  
 nifedipine  
 nifedipine ER  
 nimodipine  
 nisoldipine  
 nisoldipine ER  
 olmesartan  
 olmesartan / amlo / hctz  
 olmesartan / hctz  
 perindopril  
 phenoxybenzamine

pindolol  
 prazosin hcl  
 propranolol  
 propranolol ER  
 propranolol / hctz  
 quinapril  
 quinapril / hctz  
 ramipril  
 sotalol  
 sotalol AF  
 spironolactone  
 spironolactone / hctz  
 taztia XT  
 telmisartan  
 telmisartan / amlodipine  
 telmisartan / hctz  
 terazosin  
 timolol (tablet)  
 torsemide  
 trandolapril  
 trandolapril / verapamil  
 triamterene / hctz  
 valsartan  
 valsartan / hctz  
 verapamil  
 verapamil ER / SR

### High cholesterol

atorvastatin  
 cholestyramine  
 cholestyramine lite  
 colesevelam  
 colestipol  
 ezetimibe  
 ezetimibe / simvastatin  
 fenofibrate  
 fenofibric  
 fenofibric DR  
 fluvastatin  
 gemfibrozil  
 lovastatin  
 niacin ER (Rx)  
 niacor  
 omega-3-acid (Rx)

pravastatin  
 prevalite  
 rosuvastatin  
 simvastatin  
 triklo

### CONTRACEPTIVES \*

generic contraceptive patch  
 generic emergency  
     contraceptives  
 generic injectable contraceptive  
 generic oral contraceptives

### DIABETES

#### Non-insulin

acarbose  
 chlorpropamide  
 glimepiride  
 glipizide / metformin  
 glipizide  
 glipizide ER / XL  
 glyburide  
 glyburide / metformin  
 glyburide micronized  
 metformin  
 metformin ER  
 metformin ER (mod)+  
 metformin ER (osm)+  
 miglitol  
 nateglinide  
 pioglitazone  
 pioglitazone / glimepride  
 pioglitazone / metformin  
 repaglinide  
 tolazamide  
 tolbutamide

### ESTROGENS

amabelz  
 covaryx  
 covaryx HS  
 eemt  
 eemt HS  
 est estrogen mtest

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est estrogen mtest HS  
estra / noreth  
estradiol  
estrog / mtest  
estropipate  
fyavolv  
jevantique  
jinteli  
lopreeza  
mimvey  
mimvey lo  
noreth / ethin

#### **GASTROINTESTINAL-ULCER DRUGS †**

cimetidine  
esomeprazole mag DR<sup>+</sup>  
famotidine  
lanso / amox / clarith  
lansoprazole  
misoprostol  
nizatidine  
omeppi<sup>+</sup>  
omepra / bicar<sup>+</sup>  
omeprazole  
pantoprazole  
rabeprazole  
ranitidine  
sucralfate

#### **HIV/AIDS**

abacavir <sup>SP</sup>  
abacavir / lamivudine <sup>SP</sup>  
abacavir / lamivudine /  
zidovudine <sup>SP</sup>

atazanavir <sup>SP</sup>  
didanosine <sup>SP</sup>  
efavirenz <sup>SP</sup>  
fosamprenavir <sup>SP</sup>  
lamivudine <sup>SP</sup>  
lamivudine / zidovudine <sup>SP</sup>  
lopinavir / ritonavir sol <sup>SP</sup>  
nevirapine <sup>SP</sup>  
nevirapine ER <sup>SP</sup>  
ritonavir <sup>SP</sup>  
stavudine <sup>SP</sup>  
tenofovir <sup>SP</sup>  
zidovudine <sup>SP</sup>

#### **OSTEOPOROSIS**

alendronate  
calcitonin spray  
etidronate  
ibandronate  
raloxifene  
risedronate

#### **SMOKING DETERRENTS †**

buproban  
bupropion  
nicotine gum  
nicotine lozenge  
nicotine patch

#### **TRANSPLANT**

azathioprine  
cyclosporine <sup>SP</sup>  
cyclosporine modified <sup>SP</sup>  
engraf <sup>SP</sup>  
mycophenolate <sup>SP</sup>  
mycophenolic DR <sup>SP</sup>  
sirolimus <sup>SP</sup>  
tacrolimus cap <sup>SP</sup>

#### **VITAMINS & HEMATINICS**

##### **Pediatric vitamins with fluoride**

Generic Products

##### **Prenatal multivitamins with iron and folic acid**

Generic Products

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This list should be used as a reference and may not include all medications.  
Brand or generic availability may not be current due to changes in the market.



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**Preventive Standard Generics**