

The Care You Need, Without The Wait.

MEMORIAL
HERMANN
Health Plan

Memorial Hermann Health Plan provides access to facilities and services that are equipped with physicians readily available to provide high-quality, affordable healthcare services that are accessible on your time and at a convenient location near you.



Clinics

Types of Illnesses Treated:

- Preventative Screenings
- Blood Pressure Checks
- Vaccinations
- Urinary Tract Infections
- Upper Respiratory Infections
- Travel Services (Vaccinations, Maintenance & Preventative Medications as Needed)
- Skin, Hair & Nail Conditions
- Head, Ear & Eye Conditions
- Physicals for Camps & Schools
- Strep & Sore Throats
- Cold, Cough & Flu

Access:

Online Appointments
Walk-Ins Welcome

Resources:

Go to:
healthplan.memorialhermann.org
- Click on "Find a Location" page.
- Select your coverage option.
- Use the "Provider Type" drop down menu to search for a clinic near you.

Or, call our Customer Service team at **855.645.8448** and a representative can help you locate an available clinic near you.



Virtual Resources

Teladoc

Types of Illnesses Treated:

- Allergies & Asthma
- Cold, Flu & Fever
- Cough & Sore Throat
- Urinary Tract Infections

Access:

Schedule Appointments
via Phone, Online or
Mobile App

Hours of Operation:

Schedule Appointments 24/7

Resources:

1-800-Teladoc
Teladoc.com

Memorial Hermann Virtual Care

Types of Illnesses Treated:

- Allergies
- Cough, cold, flu
- Eye infections
- Minor muscle or joint pain
- Nausea, vomiting, diarrhea

Access:

Schedule Appointments Online
or by phone

Hours of Operation:

9 AM-9 PM Daily

Resources:

832.658.6482
[memorialhermann.org/
virtual-care](http://memorialhermann.org/virtual-care)



Urgent Care

Types of Illnesses Treated:

- Abscess Treatment
- Allergies & Asthma
- Bites & Minor Burns
- Cold, Flu & Fever
- Cough & Sore Throat
- Earache & Eye Infection
- Foreign Body Removal
- Respiratory Infection
- Nausea, Vomiting, Diarrhea
- Physicals for Camps & Schools
- Urinary Tract Infection
- Mild Dehydration

Access:

No Appointments Needed
Walk-Ins & Online Check In

Hours of Operation:

Times May Vary

Resources:

Go to:
healthplan.memorialhermann.org
- Click on "Find a Location" page.
- Select your coverage option.
- Use the "Provider Type" drop down menu to search for an urgent care near you.

Not Sure Where To Go?



Call our Nurse Health Line
24/7 at 713.338.7979 for
immediate consultation and
care recommendations.

Please Call 911 for Serious Medical Conditions or Injuries.

Teladoc and Memorial Hermann Virtual Care are not designed to handle emergency situations.

Memorial Hermann Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

All Commercial HMO products are underwritten by Memorial Hermann Commercial Health Plan, Inc.

All Commercial PPO products are underwritten by Memorial Hermann Health Insurance Company.

All Hybrid products are administered by Memorial Hermann Health Solutions, Inc.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Llame al 855.645.8448 (TTY 711).

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