

The Care You Need, Without The Wait.

MEMORIAL
HERMANN
Health Plan

Memorial Hermann Health Plan provides access to facilities and services that are equipped with physicians readily available to provide high-quality, affordable healthcare services that are accessible on your time and at a convenient location near you.



Clinics

Types of Illnesses Treated:

- Preventative Screenings
- Blood Pressure Checks
- Vaccinations
- Urinary Tract Infections
- Upper Respiratory Infection
- Travel Services (Vaccinations, Maintenance & Preventative Medications as Needed)
- Skin, Hair & Nail Conditions
- Head, Ear & Eye Conditions
- Physicals for Camps & Schools
- Strep & Sore Throats
- Cold, Cough & Flu

Access:

Online Appointments
Walk-Ins Welcome

Hours of Operation:

Minute Clinics (PPO ONLY)

*CVS Pharmacy
Times May Vary

RediClinics

*HEB Supermarkets
8 AM-8 PM Weekdays
8AM-5PM Weekends

Take Care Health Clinics

*Walgreens
Times May Vary

Resources:

healthplan.memorialhermann.org
Click on "Find a Doctor" page.



Virtual Resources

Teladoc

Types of Illnesses Treated:

- Allergies & Asthma
- Cold, Flu & Fever
- Cough & Sore Throat
- Urinary Tract Infections

Access:

Schedule Appointments
via Online or Mobile App

Hours of Operation:

Schedule Appointments 24/7

Resources:

Teladoc.com

Memorial Hermann Virtual Care

Types of Illnesses Treated:

- Allergies
- Cough, cold, flu
- Eye infections
- Minor muscle or joint pain
- Nausea, vomiting, diarrhea

Access:

Schedule Appointments Online
or by phone

Hours of Operation:

9 AM-9 PM Daily

Resources:

Phone: 832.658.6482
memorialhermann.org/virtual-care/instant-care-options/



Urgent Care

Types of Illnesses Treated:

- Abscess Treatment
- Allergies & Asthma
- Bites & Minor Burns
- Cold, Flu & Fever
- Cough & Sore Throat
- Earache & Eye Infection
- Foreign Body Removal
- Respiratory Infection
- Nausea, Vomiting, Diarrhea
- Physicals for Camps & Schools
- Urinary Tract Infection
- Mild Dehydration

Access:

No Appointments Needed
Walk-Ins & Online Check In

Hours of Operation:

Times May Vary

Resources:

Memorialhermann.org/urgentcare

Not Sure Where To Go?



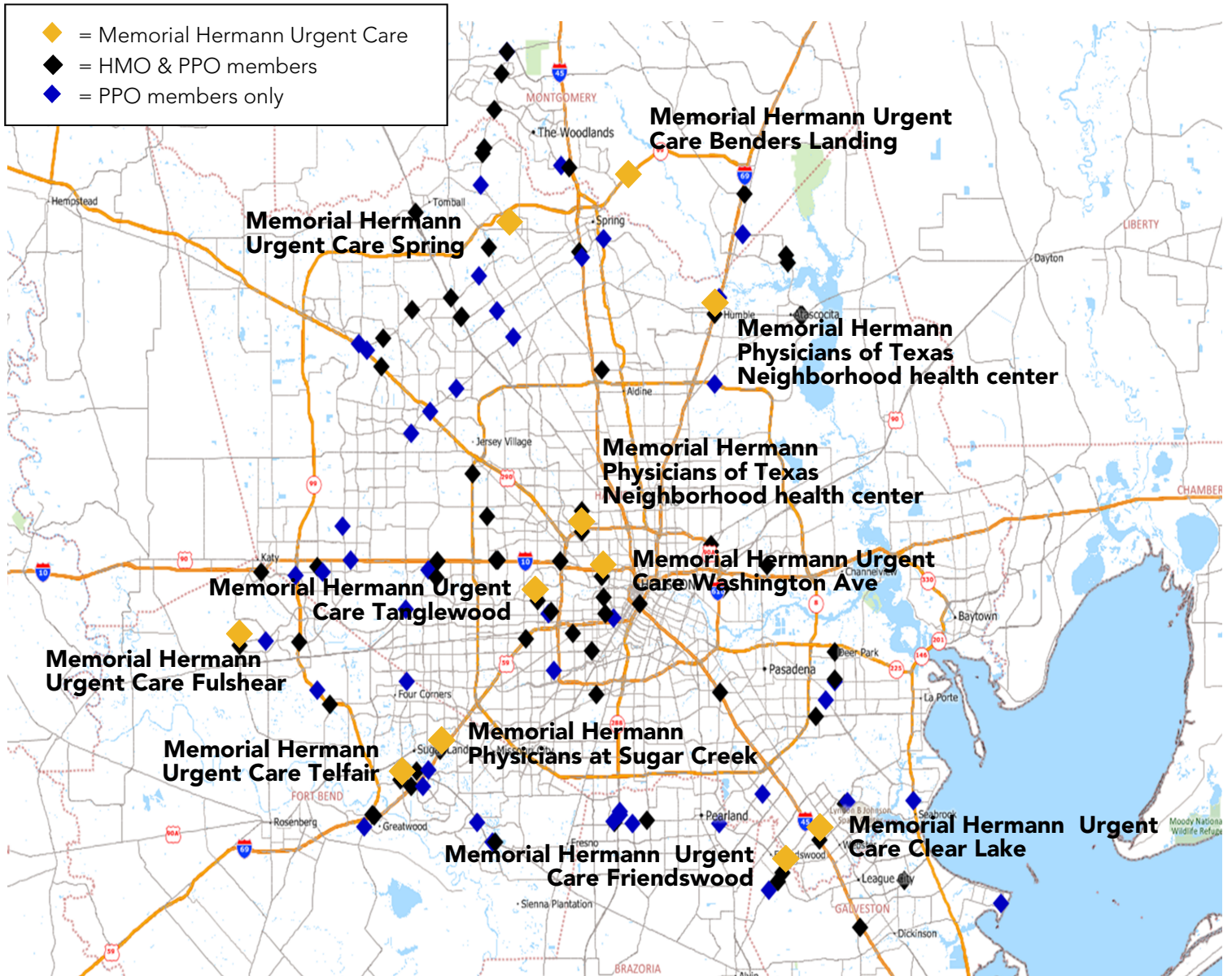
Call our Nurse Health Line
24/7 at 713.338.7979 for
immediate consultation and
care recommendations.

Please Call 911 for Serious Medical Conditions or Injuries

*Teladoc and Memorial Hermann Virtual Care are not designed to handle emergency situations



Contracted Urgent Care Centers & Walk-in Clinics



To find a location near you please visit healthplan.memorialhermann.org

All Commercial HMO products are underwritten by Memorial Hermann Commercial Health Plan, Inc.
All Commercial PPO products are underwritten by Memorial Hermann Health Insurance Company.
All Hybrid products are administered by Memorial Hermann Health Solutions, Inc..