



## Memorial Hermann Health Plan

Benefits and Resources Inside.

MEMORIAL<sup>®</sup>  
HERMANN  
Health Plan

Memorial Hermann Health Plan strives to ensure that you receive the quality care and coverage that you can rely on.

As a member of Memorial Hermann Health Plan, you have access to a vast network of care options in Houston and surrounding areas.



## A Quick Summary of Benefits and Coverage Include:



Deductible  
\$550 / Person  
\$1,100 / Family



Out of Pocket Limit  
\$3,500 / Person  
\$7,000 / Family



Copay  
PCP - \$20 / Visit  
Premise - \$5 / Visit  
Specialist - \$45 / Visit



Testing  
**Diagnostic:**  
Lab - \$25 / Visit  
X-Ray - \$50 / Visit  
**Imaging:**  
20% Coinsurance / Visit



Large network of preferred pharmacies including Memorial Hermann Pharmacies, Walmart, HEB, CVS and others



National/Worldwide  
Emergency Coverage

To save on prescriptions, call Memorial Hermann Health Plan at 855.645.8448 (TTY 711), Monday - Friday, 8 a.m. - 5 p.m. CST to find a Provider or Pharmacy near you. To see a full Summary of Benefits, please visit: [healthplan.memorialhermann.org/hpe](http://healthplan.memorialhermann.org/hpe)

# Get to Know Our **Health Plan**

- Our HMO plans are open access. This means you are not required to designate a PCP, and no referrals are needed to see specialists.
- Virtual Care options available.
- Plans include Memorial Hermann Urgent Care Clinics, Premise and nationwide urgent care & walk in retail clinics.
- PHCS coverage for out of area dependents.
- All Memorial Hermann hospitals and UT Physician locations are in our network.
- Quest Diagnostics Labs are the preferred partner for the Memorial Hermann Health Plan with access to other labs to ensure sufficient coverage.
- Coast to coast urgent care access.

**You also have access to our 24/7 Nurse Health Line at 713.338.7979 for an immediate consultation and care recommendations.**



Our HMO Plans deliver significant savings while providing comprehensive, quality care by trusted Memorial Hermann providers and facilities.

# Your Behavioral Health Benefit



Optum's specialists can provide support, information and resources to help address issues affecting your personal life, work and your well-being.

Contact Optum today for assistance with:

- Stress or Anxiety
- Substance Use Concerns
- Counseling Support
- Feeling Down or Depressed
- Medication Questions
- and more

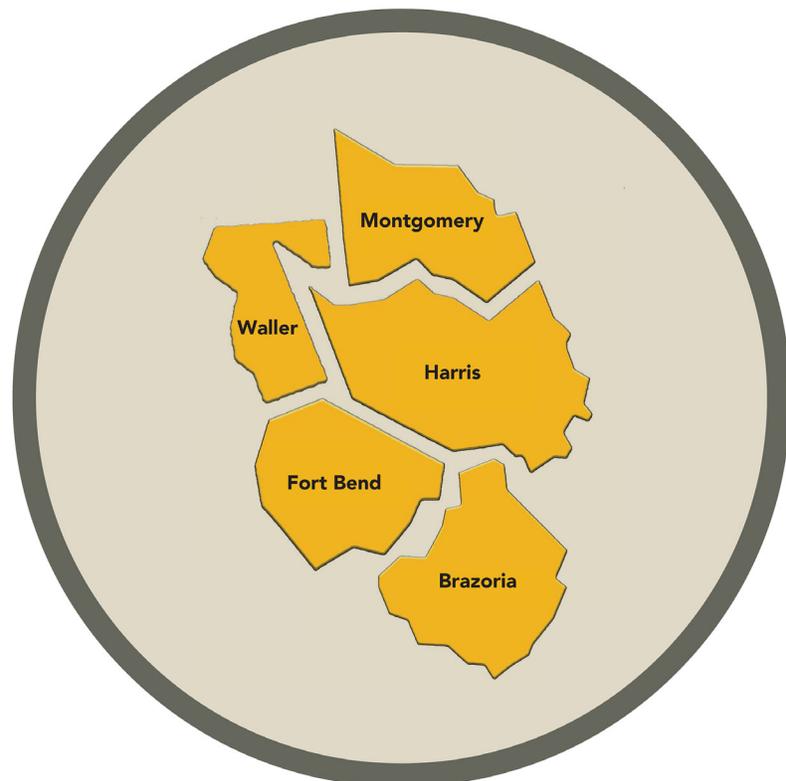


Log on to [liveandworkwell.com](https://liveandworkwell.com)  
Access Code - **MH**



888.280.3557

## Our HMO Service Areas



### Have questions about your plan?

Visit our website at [healthplan.memorialhermann.org/hpe](https://healthplan.memorialhermann.org/hpe), or call your Customer Concierge team at 844.644.4777, 8 a.m. to 5 p.m. CST, Monday - Friday.

# Stay Connected to Your Overall Health and Well-Being

With the Memorial Hermann Health Plan, you have added benefits that provide access to a number of health and wellness options and facilities.

## EVERYDAYWELL

Memorial Hermann Everyday Well delivers secure access to your health care anytime and anywhere. You can manage your coverage, print ID cards, as well as check your Deductible Tracker and claim status.

To learn more or to access the Portal:

- Visit [EverydayWell.com](http://EverydayWell.com)
- Download the easy to use App



## Break a Sweat without Breaking the Bank



The Active&Fit Direct program allows you to choose from 9,000+ participating fitness centers and select YMCA's nationwide for \$25 a month (plus a \$25 enrollment fee and applicable taxes).

Learn more at:

[healthplan.memorialhermann.org/members](http://healthplan.memorialhermann.org/members)



This plan is pending TDI approval and information in this brochure is subject to change.

All Commercial HMO products are underwritten by Memorial Hermann Commercial Health Plan, Inc.

All Commercial PPO products are underwritten by Memorial Hermann Health Insurance Company.

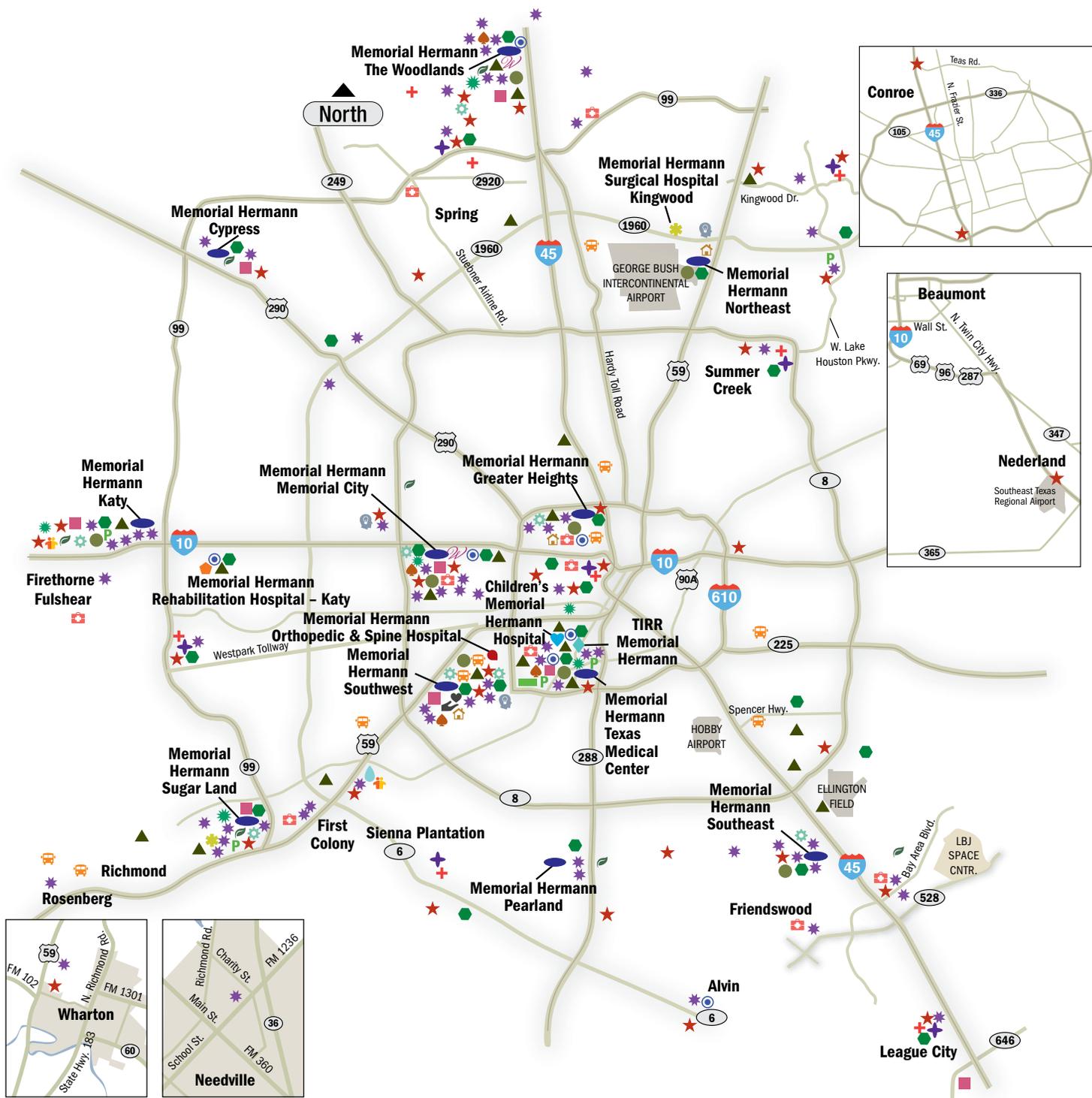
All Hybrid products are administered by Memorial Hermann Health Solutions, Inc.

Memorial Hermann Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Llame al 855.645.8448 (TTY 711).

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11 Acute-Care Hospitals	8 Joint Centers	10 School-Based Health Centers
8 Breast Centers	70 Memorial Hermann Medical Group	38 Sports Medicine & Rehabilitation
8 Cancer Centers	1 Memorial Hermann Orthopedic & Spine Hospital	21 Surgery Centers
1 Children's Memorial Hermann Hospital	1 Memorial Hermann Rehabilitation Hospital - Katy	2 Surgical Hospitals
5 Children's Memorial Hermann Pediatrics	3 Mental Health Crisis Clinics	1 TIRR Memorial Hermann
7 Convenient Care Centers	1 Mischer Neuroscience Institute	7 TIRR Memorial Hermann Outpatient Rehabilitation
8 Freestanding Emergency Centers	3 Neighborhood Health Centers	1 University Place
4 Heart & Vascular Institutes	2 Occupational Medicine Clinics	8 Urgent Care Centers
26 Imaging Centers	1 Physicians at Sugar Creek	2 Women's Memorial Hermann Hospitals
6 IRONMAN Sports Medicine Institutes	7 Prevention & Recovery Centers (PaRC)	

**271 Care Delivery Sites**

\*Memorial Hermann Health System owns and operates 14 hospitals and has joint ventures with three other hospital facilities, including Memorial Hermann Surgical Hospital First Colony, Memorial Hermann Surgical Hospital Kingwood and Memorial Hermann Rehabilitation Hospital-Katy.