

2021 OTC Benefits

Over-the-counter benefits catalog



How do I order?



Order by Mail

Complete an **order form** and mail it to the address at the bottom of the form.



Order by Phone

Call 833-511-9844
OTC Advocates are available Monday-Friday 8 a.m.-8 p.m. ET, to assist you.



Order Online

Visit
<https://athome.medline.com/MHHP>
to place your order online.

Allow seven to 10 business days for your product(s) to arrive.
Your order will be applied to the benefit period in which your completed order form is received.

What is my allowance?

With your Memorial Hermann Medicare Advantage Plus HMO membership, you can get up to \$30 worth of healthcare products every quarter. Members use the benefit to order items such as mobility aids, compression garments, incontinence products, toothpaste, lotions, cleansers and much more, from familiar brands including CURAD®, Biotene® and Remedy®.

Your order will be applied to the quarter in which your order is received. For example, if you mail your order form on June 29, but we receive it on July 1, your order total will be applied to your third-quarter benefit.

You must use your quarterly benefit amount in one order.

You may order additional products over your \$30 quarterly allowance and pay with a credit card. You can order by phone or online, we do not currently accept cash, checks or credit cards by mail.

Due to the personal nature of these products, returns are not accepted, however, if you receive a damaged item, please call OTC Benefit Services within 30 days.

First Aid

Bandages

Item No.	Description	Pkg.	Size	Price
1043	CURAD® Adhesive Bandages; 1" Waterproof	100 count	1" x 3"	\$5.00
1891	CURAD® Adhesive Bandages - Value Pack	200 count	Assorted	\$9.00
1642	Adhesive Bandages - Fingertip	100 count	1.75" x 2"	\$5.00
1042	Adhesive Bandages - Knuckles	100 count	1.5" x 3"	\$5.00
1050	CoFlex® Bandage	1 roll	2" x 5 yards	\$3.00
1641	CURAD® Adhesive Bandages	50 count	2" x 4"	\$5.00
1636	CURAD® Adhesive Bandages: ¾" width	80 count	0.75" x 3"	\$3.00
1638	CURAD® QuickStop!® Adhesive Bandages, Assorted	30 count	Assorted	\$4.00
1057*	CURAD® Spray Bandage	1.35 fl. oz.	-	\$6.00
1640	Elastic Bandage with Self-Closure, 2" x 5 yd.	1 each	2" x 5 yards	\$2.00
1927	Elastic Bandage with Self-Closure, 4" x 5 yd.	1 each	4" x 5 yards	\$2.00
1921	CURAD® Truly Ouchless Adhesive Bandages; ¾" x 3"	50 count	-	\$9.00
1929	Gauze Rolls	1 roll	4" x 75"	\$1.00

*Product cannot ship to P.O. Boxes, Alaska, Hawaii, or Puerto Rico



1642

Adhesive Bandages - Fingertip

The woven design allows bandages to stretch and conform for a secure fit with a breathable material to protect or cover wounds.



1050

CoFlex® Bandage

A quick-stick, self-adhering bandage featuring a soft foam texture for comfort. It provides compression control without constricting.



1057

CURAD Flex Seal Spray Bandage

Provides instant protection for cuts and scrapes. The water-resistant and transparent film helps to seal out germs for optimal wound healing.

First Aid

Kits

Item No.	Description	Pkg.	Size	Price
1056	CURAD® First Aid Kit	175 piece kit	-	\$10.00
1930	CURAD® Mini First Aid Kit	37 piece kit	-	\$3.00
1916	CURAD® Wound Care Kit	25 count	Assorted	\$6.00

Sponges

Item No.	Description	Pkg.	Size	Price
1069	Gauze Sponges: 4" x 4"	10 count	4" x 4"	\$1.00

Tapes

Item No.	Description	Pkg.	Size	Price
1931	Cloth Tape 1" x 10 yds.	1 roll	1" x 10 yards	\$5.00
1062	CURAD® Paper Tape - Gentle	1 roll	2" x 10 yards	\$2.00
1066	CURAD® Transparent Tape	1 roll	2" x 10 yards	\$3.00

Wound Care

Item No.	Description	Pkg.	Size	Price
1046*	Antiseptic Spray	2 oz.	-	\$5.00
1637	CURAD® Non-Adherent Pad	20 pack	3" x 4"	\$6.00
1083	CURAD® Triple Antibiotic Ointment	1 oz.	-	\$3.00
1513	Protective Arm Sleeve	1 pr. arm	18"	\$13.00
1514	Protective Leg Sleeve	1 pr. leg	15"	\$17.00
1041	Reusable Cold & Hot Pack	2 pack	5" x 10"	\$3.00
1058	CURAD® Germ Shield™ Antimicrobial Gel	0.5 oz.	-	\$5.00

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Wound Cleansers

Item No.	Description	Pkg.	Size	Price
1073	Isopropyl Alcohol	16 oz.	-	\$2.00
1914	Hydrogen Peroxide	4 fl. oz.	-	\$2.00
1072	Hydrogen Peroxide	16 oz.	-	\$2.00
1044	Isopropyl Alcohol Prep Pads	200 count	-	\$3.00

Home Diagnostics

Blood Pressure

Item No.	Description	Pkg.	Size	Price
1650	Automatic Blood Pressure Monitor, Universal	1 each	22–42cm	\$23.00
1933	Automatic Wrist Blood Pressure Monitor	1 each	13.5–21.5cm	\$18.00

Measuring Devices

Item No.	Description	Pkg.	Weight Cap.	Price
1649	Dial Floor Scale 300 lb. Capacity	1 each	300 lb.	\$16.00
1087	Digital Food Scale	1 each	11 lb.	\$24.00
1938	Heart Rate Monitor Watch, Slim	1 each	-	\$25.00
1651*	Heart Rate Monitor Watch	1 each	-	\$24.00

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Medication Aids

Item No.	Description	Pkg.	Size	Price
1093	Medical Bracelet - Diabetic	1 each	7.5"	\$11.00
1092	Medical Bracelet - Heart Patient	1 each	7.5"	\$11.00
1766	Medical Bracelet - Seizure Disorder	1 each	7.5"	\$11.00

Thermometers

Item No.	Description	Pkg.	Size	Price
1089	Digital Thermometer	1 each	-	\$4.00
1100	Talking Ear and Forehead Thermometer	1 each	-	\$30.00
1097	Fingertip Pulse Oximeter	1 each	-	\$26.00



1651

Heart Rate Monitor Watch

A water-resistant watch that features pulse sensors for accurate and continuous heart rate monitoring. Counts steps and calories burned per day.



1649

Dial Floor Scale

A mechanical floor scale with a weight capacity of 300 lbs.



1087

Digital Food Scale

The scale has an easy-to-clear glass top that displays weight in 0.1 oz. (1g) increments. (battery included)

Incontinence

Select the Size

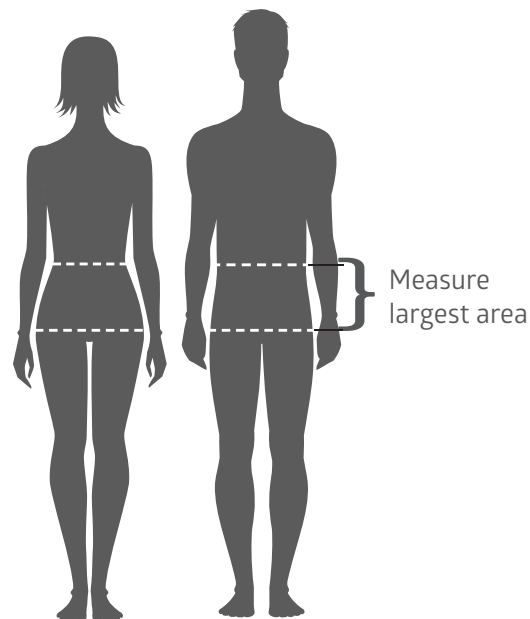
Selecting the right size is critical for containment.

Bladder Control Pads and Liner Sizing

One size fits all. Continue to Step 3.

Briefs, Protective Underwear and Knit Pant Sizing

For briefs, underwear and pants, measure the hips or waist (select the larger of the two) as follows:



Step 1

Measure the largest area from hip bone to hip bone and over the abdomen (see illustration above).

Example:

Hip bone to hip bone =
19 inches (48.3 cm)

Step 2

Double the measurement in Step 1 and add two inches.

Example:

19 inches (48.3 cm) x 2 = 38 inches (96.5 cm)
38 inches (96.5 cm) + 2 inches (5 cm) = 40 inches (102 cm)

Step 3

Using this number, select the product size from the chart below.

Example:

40 inches (102 cm) = Medium or Regular brief

Brief Size Selection

☒ **Small** = 20–33" (51–81 cm)

☐ **Medium** = 32–42" (81–107 cm)

☐ **Regular** = 40–50" (102–127 cm)

☐ **Large** = 48–58" (122–147 cm)

☐ **X-Large** = 57–66" (150–168 cm)

☐ **XX-Large** = 60–69" (152–175 cm)

☐ **Bariatric** = 65–90" (165–229 cm)

Protective Underwear Size Selection

☐ **Small** = 20–28" (51–71 cm)

☐ **Medium** = 28–40" (71–102 cm)

☐ **Large** = 40–56" (102–142 cm)

☐ **X-Large** = 56–68" (142–173 cm)

☐ **XX-Large** = 68–80" (173–203 cm)

Incontinence

Briefs

Item No.	Description	Pkg.	Size	Price
1408	FitRight® Stretch Ultra Disposable Brief, Medium/Regular 30"-52"	20 count	30" - 52"	\$17.00
1409	FitRight® Stretch Ultra Disposable Brief, Large-2XL	20 count	51" - 70"	\$18.00
1112	FitRight® Ultra Disposable Brief, Large 48"-58"	20 count	48" - 58"	\$16.00
1113	FitRight® Ultra Disposable Brief, Medium 32"-42"	20 count	32" - 42"	\$16.00
1424	FitRight® Ultra Disposable Brief, Regular 40"-50"	20 count	40" - 50"	\$16.00
1114	FitRight® Ultra Disposable Brief, XL 57"-66"	20 count	57" - 66"	\$16.00
1423	FitRight® Ultra Disposable Brief, 2XL 60"-69"	20 count	60" - 69"	\$17.00
1425	FitRight® Ultra Disposable Brief, Small	20 count	20" - 33"	\$16.00

Cleansing Wipes & Cloths

Item No.	Description	Pkg.	Size	Price
2316	Remedy® Nourishing Skin Protectant Wipes	48 count	8" x 12"	\$6.00
1858	FitRight® Aloe Personal Cleansing Wipes - Fragrance Free - Pack	100 count	8" x 12"	\$5.00
1719	FitRight® Aloe Personal Cleansing Wipes - Quilted	48 count	8" x 12"	\$3.00
1103	FitRight® Aloe Personal Cleansing Wipes	100 count	8" x 12"	\$5.00
1117	ReadyFlush® Scented Wipes, 48 pack	48 count	8" x 12"	\$5.00

ReadyFlush® Scented Wipes — 1117

Premoistened with a rinse-free formula that cleans, moisturizes and soothes skin. the formula is pH balanced, hypoallergenic and does not contain alcohol.



Dispersible and biodegradable



Incontinence

Liners & Pads

Item No.	Description	Pkg.	Size	Price
1816	Bladder Control Pads - Contour Plus, Maximum	28 count	6.5" x 13.5"	\$6.00
1817	Bladder Control Pads - Contour Plus, Moderate	28 count	5.5" x 10.5"	\$5.00
1105	Bladder Control Pads - Contour Plus, Ultimate	28 count	8" x 17"	\$9.00
1412	FitRight® Control Bladder Pads for Women, Light	20 count	5.5" x 13.75"	\$4.00
1104	Bladder Control Pads - Light	20 count	2.75" x 9.75"	\$5.00
1108	FitRight® Liner Plus	20 count	13" x 30"	\$11.00
1411	FitRight® Active Guards For Men	52 count	6" x 11"	\$19.00



1411

FitRight® Active Male Guard

For light to moderate urinary incontinence. The contoured design provides extra protection just where a man needs it, as well as a soft breathable outer cover.



1816

Bladder Control Pad — Contour Plus

The cloth-like outer cover provides a soft feeling on the skin and discreet fit. The elastic leg gathers help prevent leaks and the superabsorbent core keeps moisture away and controls odors.



1108

FitRight® Liner Plus

Designed with odor protection for super absorbency and cloth-like backsheet for increased comfort and discretion. Used for heavy urinary/bowel incontinence protection.

Incontinence

Protective Underwear

Item No.	Description	Pkg.	Size	Price
1607	FitRight® Super Disposable Underwear, Large	20 count	40" - 56"	\$18.00
1606	FitRight® Super Disposable Underwear, Medium	20 count	28" - 40"	\$18.00
1608	FitRight® Super Disposable Underwear, Extra Large	20 count	56" - 68"	\$21.00

Underpads

Item No.	Description	Pkg.	Size	Price
1119	Protection Plus Polymer Underpads	10 count	23" x 36"	\$4.00
1427	Protection Plus Polymer Underpads	10 count	30" x 30"	\$5.00
1614	Reusable Underpad	1 each	34" x 36"	\$6.00

Tips for choosing incontinence products:

Thicker isn't always better. There are products available with superabsorbent polymers that are thin and discreet while offering excellent protection. Superabsorbent polymers are as tiny as salt crystals but can absorb and retain extremely large amounts of fluid relative to their mass.

Bladder pads are not the same as feminine hygiene pads.

Bladder control pads have unique superabsorbent polymers that allow them to absorb urine quickly.

Bladder pads are not for women only. Men with light urinary incontinence can also benefit from products that are thin, discreet and absorbent. Today's bladder control pads are comfortable for both men and women, and the adhesive strips can be placed anywhere in the user's underwear.

Medications Over The Counter

Anti-Fungal & Anti-Itch

Item No.	Description	Pkg.	Size	Price
1053	CURAD® Bacitracin with Zinc Ointment	1 oz.	-	\$3.00
1048	Ben's® Tick & Insect Repellent	3.4 oz	-	\$7.00
1120	Antifungal Cream Clotrimazole 1%	0.5 oz.	-	\$4.00
1248	Soothe & Cool® Antifungal Cream	5 oz.	-	\$7.00
1045	Anti-Itch Cream	1.25 oz.	-	\$3.00
1024	Fluticasone Nasal Spray 50 mcg	120 sprays	-	\$15.00
1059	CURAD® Hydrocortisone Cream 1%	1 oz.	-	\$3.00
1202	Miconazole Cream — 7 Day with applicator	1.5 oz.	-	\$9.00
1075*	Natrapel® Tick & Insect Repellent	3.4 fl. oz.	-	\$9.00
1245	Remedy® Antifungal Powder	3 oz.	-	\$6.00
1925	CURAD® Triple Antibiotic Ointment with Pain Relief	1 oz.	-	\$5.00

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1053

CURAD® Bacitracin with Zinc Ointment

Single antibiotic ointment with zinc that helps prevent infection in minor cuts, scrapes and burns.



1925

CURAD® Triple Antibiotic Ointment with Pain Relief

Triple antibiotic ointment that helps prevent infection in minor cuts, scrapes and burns.



1245

Remedy® Antifungal Powder

Helps to treat the most common fungal infections including athlete's foot, jock itch and ringworm.

Medications Over The Counter

Cough, Cold & Allergy

Item No.	Description	Pkg.	Size	Price
1012	All Day Allergy Relief Cetirizine 10mg, 90 count	90 tablets	10 mg	\$8.00
2079	Cough & Cold Relief - High Blood Pressure	16 tablets	4 mg / 30 mg	\$5.00
1016	Allergy Relief Tablets - 4 Hour	24 tablets	4 mg	\$4.00
1018	Cold Multi-Symptom - Day and Night	20 caplets	-	\$6.00
1021	Cough Drops - Sugar-Free - Black Cherry	25 drops	-	\$3.00
1600	Cough Drops - Regular- Honey Lemon	30 drops	-	\$3.00
1867	Daytime Cold & Flu Multi-Symptom Liquid	12 fl. oz.	-	\$6.00
1775	Allergy Relief Children's Liquid	4 fl. oz.	-	\$4.00
1776	Allergy Relief / Antihistamine	100 caplets	25 mg	\$5.00
1015	Allergy Relief Fexofenadine HCL - All Day	30 tablets	180 mg	\$15.00
1603	DM Cough Syrup - Sugar-Free	16 fl. oz.	100 mg / 10 mg	\$7.00
1028	Mucus Relief - Guaifenesin	100 tablets	400 mg	\$6.00
1868	Mucus Relief - Guaifenesin DM	40 tablets	600 mg / 30 mg	\$23.00
1031	Robafen CF Cough & Cold	4 fl. oz.	-	\$5.00
1869	24-Hour Allergy Relief Tablets	35 tablets	5 mg	\$19.00
1013	Allergy Relief - Loratadine	30 tablets	10 mg	\$4.00
1026	Medicated Chest Rub	3.53 oz.	-	\$3.00
1033	Saline Nasal Spray	3 oz	-	\$4.00
1022	Curad® Nasal Strips	30 count	-	\$8.00
1870	Night Time Cold & Flu Liquid	12 fl. oz.	-	\$7.00
1030	Nasal Decongestant Spray	1 fl. oz.	-	\$4.00
1029	Nasal Decongestant PE	36 tablets	10 mg	\$4.00
1034	Sore Throat Lozenges	18 lozenges	-	\$4.00
1602	Sore Throat Spray - Sugar-Free - Cherry	6 fl. oz.	-	\$5.00
1871	Sore Throat Spray - Sugar-Free - Menthol	6 fl. oz.	-	\$5.00

Medications Over The Counter

Medication Aids

Item No.	Description	Pkg.	Size	Price
1695	7-Day Classic Pill Organizer, Clear, 1x / Day	1 each	-	\$4.00
1694	Pill Crusher	1 each	-	\$6.00
1984	Pill Splitter & Crusher	1 each	-	\$6.00
1698	7-Day Pill Organizer with Easy Push Buttons, Multicolor, 2x / Day	1 each	-	\$9.00
1693	Pill Bottle Opener	1 each	-	\$6.00
1985	Liquid Medication Dropper and Spoon	1 each	-	\$7.00
1986	Bottle Opener with Magnifying Glass	1 each	-	\$7.00
1987	Pill Box - With Lock	1 each	-	\$6.00
1091	7-Day Pill Organizer, Clear, 4x / Day	1 each	-	\$5.00
1095	Pill Splitter	1 each	-	\$4.00



1698

7-Day Pill Organizer with Easy Push Buttons

Helps to conveniently organize pills to manage weekly compliance and dosage.



1694

Pill Crusher

An easy-to-use device that quickly crushes pills into powder form.



1095

Pill Splitter

Divides a pill exactly in two with minimal effort.

Medications Over The Counter

Pain & Fever Relief

Item No.	Description	Pkg.	Size	Price
1204	Pain Relief Acetaminophen	100 tablets	325 mg	\$3.00
1206	Pain Relief PM	50 caplets	500 mg	\$4.00
1207	Pain Reliever Plus	100 tablets	-	\$8.00
1886	After Bite Relief	.5 oz.	-	\$6.00
1257	Aspirin	100 tablets	325 mg	\$3.00
1715	Aspirin Chewable Tablets	36 chewable tablets	81 mg	\$2.00
1190	Aspirin Low Dose Enteric Coated Tablets	120 tablets	81 mg	\$3.00
1191	Aspirin Low Dose Enteric Coated Tablets, Easy Open Cap	300 tablets	81 mg	\$5.00
1646	Bite Relief Ointment	1.75 oz.	-	\$7.00
1712	BodiHeat® Pain Relieving Heat Pads, 12 hour	4 count	-	\$6.00
1192	Capsaicin Pain Relief Cream	2.1 oz.	-	\$8.00
1904	Extra Strength Cold & Hot Pain Relief Therapy Patch - Large	5 count	3.93" x 7.87"	\$6.00
1643	Extra Strength Cold & Hot Pain Relief Therapy Patch - Small	5 count	3.14" x 4.72"	\$5.00
1714	Headache Cooling Patch	3 count	-	\$4.00
1067	Epsom Salt	16 oz.	-	\$4.00
1195	Hemorrhoidal Ointment	2 oz.	-	\$5.00
1707	Medicated Pads	100 count	-	\$7.00
1197	Hemorrhoidal Suppositories	24 count	-	\$7.00
1198	Ibuprofen	100 tablets	200 mg	\$4.00
1710	Lidocaine Pain Relief Patches, 4%	5 count	-	\$7.00
2032*	Menthol Gel, 2%	8 oz.	-	\$6.00
1708	Muscle and Joint Gel — Menthol 2.5%	3 oz.	-	\$4.00
1209	Ultra Strength Muscle Rub	3 oz.	4 mg	\$5.00
1205	Pain Relief Naproxen Sodium	100 tablets	220 mg	\$8.00
2050	Pain Relief Cream	4 oz.	-	\$16.00
2033*	ActivICE™ Pain Reliever Roll-on	3 oz.	-	\$9.00
2034	ActivICE™ Pain Reliever Spray	4 fl. oz.	-	\$10.00
1644	StingEze® Bite Relief with Sponge Tip Applicator	0.5 oz.	-	\$6.00

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Medications Over The Counter

Stomach Remedies

Item No.	Description	Pkg.	Size	Price
1216	Antacid & Pain Relief Effervescent Tablets	36 tablets	-	\$6.00
1239	Antacid Tablets, Chewable	30 chewable tablets	-	\$5.00
1222	Extra Strength Antacid Soft Chews	36 chews	1177 mg	\$7.00
1218	Antacid Tablets	150 tablets	500 mg	\$5.00
2055	Antacid Tablets - Extra Strength	96 tablets	750 mg	\$5.00
1231	Milk of Magnesia	12 fl. oz.	-	\$4.00
1217	Antacid Plus Gas Relief Liquid	12 fl. oz.	-	\$5.00
1232	Motion Sickness Tablets	12 tablets	50 mg	\$3.00
1240	Stool Softener Softgels	100 softgels	100 mg	\$4.00
1215	Acid Reducer Famotidine 10mg	30 tablets	10 mg	\$5.00
1732	Dairy Digestive Aid	60 caplets	300 FCC	\$8.00
2057	Acid Reducer Lansoprazole 15mg	42 caplets	15 mg	\$26.00
1733	Anti-Diarrheal Caplets	12 caplets	2 mg	\$3.00
2070	Meclizine Anti-Nausea, Less Drowsy	8 tablets	25 mg	\$3.00
2058	Nausea Relief Liquid	4 oz.	-	\$5.00
2059	Acid Reducer Omeprazole Magnesium	42 caplets	20.6 mg	\$15.00
1221	Stomach Relief Bismuth Liquid	8 fl. oz.	-	\$5.00
2060	ClearLax® Powder Laxative	17.9 oz.	-	\$13.00
1734	Natural Fiber Powder - Sugar-free - Orange Flavor	10 oz.	-	\$9.00
1237	Saline Enema	1 each	-	\$2.00
1234	Laxative Natural Vegetable Tablets	100 tablets	-	\$4.00
1731	Gas Relief Simethicone 80mg	100 chewable tablets	80 mg	\$7.00

Stop Smoking

Item No.	Description	Pkg.	Size	Price
1726	Nicotine Gum 2mg, Mint	110 count	2mg	\$30.00
1210	Nicotine Gum 4mg, Mint	110 count	4mg	\$30.00

Misc.

Item No.	Description	Pkg.	Size	Price
1074	Lice Solution Kit	1 each	-	\$16.00

Mobility

Braces & Supports

Item No.	Description	Pkg.	Size	Price
1508	CURAD® Thumb Brace	1 each	Universal	\$10.00
1701	Arthritis Glove, Large	1 pair	Large	\$9.00
1702	Arthritis Glove, Medium	1 pair	Medium	\$9.00
1993	Arthritis Glove, Small	1 pair	Small	\$9.00
1703	Carpal Tunnel Glove w/Flexible Splint, Large	1 each	Large	\$12.00
1704	Carpal Tunnel Glove w/Flexible Splint, Medium	1 each	Medium	\$12.00
1705	Carpal Tunnel Glove w/Flexible Splint, Small	1 each	Small	\$12.00
1165	Carpal Tunnel Night Brace	1 each	Universal	\$30.00
2020	CURAD® Back Support with Dual Pulley System, 2XL	1 each	45" - 50"	\$22.00
2021	CURAD® Back Support with Dual Pulley System, Large/XL	1 each	34" - 44"	\$22.00
2022	CURAD® Back Support with Dual Pulley System, Small/Medium	1 each	28" - 36"	\$22.00
1177	Back Support with Suspenders, 10", Large	1 each	10" Tall / 34" - 38"	\$19.00
1180	Back Support with Suspenders, 10", Extra Large	1 each	10" Tall / 38" - 42"	\$20.00
2024	Back Support with Suspenders, 10", 2XL	1 each	10" Tall / 42" - 46"	\$19.00
1504	CURAD® Elbow Support	1 each	Universal	\$7.00
1174	Elbow Support Sleeve, Large	1 each	11" - 13"	\$8.00
1512	Elbow Support Sleeve, Extra Large	1 each	13" - 15"	\$8.00
1176	Elbow Support Sleeve, Small	1 each	7" - 9"	\$8.00
1175	Elbow Support Sleeve, Medium	1 each	9" - 11"	\$8.00

Arthritis Gloves — 1701, 1702

Designed with uniform compression to support painful joints and stiffness while enhancing blood flow. The open fingertips allow for greater dexterity doing everyday tasks and the flexible, breathable fabric provides comfort and durability.



Mobility

Braces & Supports

Item No.	Description	Pkg.	Size	Price
1741	CURAD® Adjustable Knee Support	1 each	Universal	\$18.00
1506	CURAD® Pull-Over Knee Support, 2XL	1 each	22" - 24"	\$6.00
1167	CURAD® Pull-Over Knee Support, Large	1 each	18" - 20"	\$6.00
1168	CURAD® Pull-Over Knee Support, Medium	1 each	16" - 18"	\$6.00
1169	CURAD® Pull-Over Knee Support, Small	1 each	14" - 16"	\$5.00
1507	CURAD® Pull-Over Knee Support, Extra Large	1 each	20" - 22"	\$6.00
1184	CURAD® Wrist Compression Support, Large	1 each	7" - 8.5"	\$5.00
1510	CURAD® Wrist Compression Support, Medium	1 each	6" - 7"	\$5.00
1511	CURAD® Wrist Compression Support, Small	1 each	5" - 6"	\$5.00
1509	CURAD® Wrist Compression Support, Extra Large	1 each	8.5" +	\$5.00
1503	CURAD® Figure Eight Elastic Ankle Wrap	1 each	Universal	\$13.00

Mobility

Canes

Item No.	Description	Pkg.	Weight Cap.	Price
1147	Cane with Offset Handle - Black	1 each	300 lb.	\$8.00
1145	Folding Cane - Black	1 each	250 lb.	\$11.00
1990	Quad Cane - Small Base, Black	1 each	300 lb.	\$16.00

Fall Prevention

Item No.	Description	Pkg.	Size	Price
1005	Rubber Bath Mat, Built-In Microban Protection	1 each	13.4" x 29"	\$13.00
1772	Plug-in LED Nightlights	2 count	-	\$9.00
1004	Raised Toilet Seat	1 each	250 lb. weight capacity	\$20.00
1635	Handheld Shower, 6.5 ft hose	1 each	6.5' hose	\$21.00
1008	Tub and Stair Safety Tread, 18", 8 Count	8 count	0.75" x 18"	\$5.00

Fitness & Rehab

Item No.	Description	Pkg.	Size	Price
1639	Curad Hot or Cold Therapy Water Bottle	1 each	2 quarts	\$6.00
1934	Electric Heating Pad	1 each	24.5" x 11.5"	\$30.00



1635

Handheld Shower

Handheld shower head with 6.5-ft. long hose.



1772

Plug-In LED Nightlight

A soft, calming glow that automatically turns on at night and off at sunrise.




1004

Raised Toilet Seat

Makes using the toilet easier for those with trouble bending. The nonslip pads and lip inside toilet offer additional stability.

Personal Care

Compression Garment Sizing Guide



Length
Measure from the bend in the knee to the bottom of the heel.

Calf Circumference
Measure around the widest point of the calf.

Ankle Circumference
Measure around the ankle bones.

Ankle	Calf	Size
7" - 7 7/8"	10" - 13"	A
8" - 8 7/8"	12" - 15"	B
9" - 9 7/8"	14" - 17"	C
10" - 10 7/8"	16" - 19"	D
11" - 11 7/8"	18" - 21"	E
12" - 12 7/8"	20" - 23"	F
13" - 13 7/8"	22" - 26"	D

Compression Garments

Item No.	Description	Pkg.	Size	Price
1126	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Large/Black	1 pair	Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	\$12.00
1127	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Large/Beige	1 pair	Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	\$12.00
1128	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Medium/Black	1 pair	Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	\$12.00
1129	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Medium/Beige	1 pair	Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	\$12.00
1130	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Small/Black	1 pair	Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	\$12.00
1131	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Small/Beige	1 pair	Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	\$12.00
1437	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Extra Large/Beige	1 pair	Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	\$12.00
1438	CURAD® Knee High Compression Hosiery, 8-15 mmHg - Extra Large/Black	1 pair	Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	\$12.00
1436	CURAD® Compression Dress Socks 8-15 mmHg	1 pair	Men's 10.5 - 12, Women's 11 - 13	\$17.00
1435	CURAD® Compression Dress Socks 8-15 mmHg	1 pair	Men's 8.5 - 10, Women's 9 - 10.5	\$17.00
1434	CURAD® Compression Dress Socks 8-15 mmHg	1 pair	Men's 6-8, Women's 6-8.5	\$17.00

Personal Care

Apparel & Protective Gear

Item No.	Description	Pkg.	Size	Price
2038	CURAD® Nitrile Exam Gloves Powder-free Latex-free	100 count	One Size	\$10.00

Eye & Ear Care

Item No.	Description	Pkg.	Size	Price
1035	Earwax Treatment Drops	0.5 fl. oz.	-	\$3.00
1037	Eye Drops - Itchy Eye Relief	5 ml	-	\$14.00
1036	Eye Drops - Irritation Relief	0.5 fl. oz.	-	\$3.00
1920	Copmression Eye Pillow	1 each	Universal	\$12.00
1885	Eye Drops — Lubricating	0.5 oz.	-	\$7.00

Feminine Care

Item No.	Description	Pkg.	Size	Price
1815	Light Pantyliner	40 count	7"	\$5.00

Hand Sanitizers

Item No.	Description	Pkg.	Size	Price
1070	Hand Sanitizer Gel - 8 oz.	8 fl. oz.	-	\$4.00
1401	Hand Sanitizer - Alcohol-Free Foam	8 fl. oz.	-	\$11.00
1071*	Hand Sanitizer Wipes - 160 count	160 wipes	-	\$10.00

*Product cannot ship to P.O. Boxes, Alaska, Hawaii, or Puerto Rico



1071

Hand Sanitizer Wipe

Formulated with Aloe and vitamin E to soothe skin, is intended for use on the hands only.



1070

Hand Sanitizer Gel

15-second kill times for 99.99% of many common harmful germs and bacteria.



1037

Eyedrops - Itchy Eye Relief

Antihistamine eye drops that help temporarily relieve itchy eyes due to ragweed, pollen, grass, animal hair and dander for up to 12 hours.

Personal Care

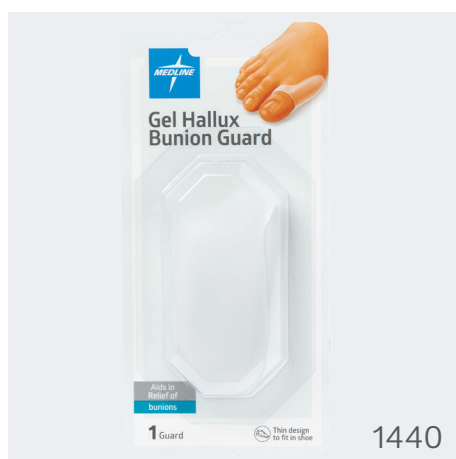
Leg & Foot Care

Item No.	Description	Pkg.	Size	Price
1433	Corn Cushions	9 count	-	\$4.00
1664	Medicated Corn Removers	9 count	-	\$5.00
1441	Hammer Toe Crest	1 each	-	\$7.00
1442	Gel Toe Straightener	4 pack	-	\$10.00
1440	Bunion Guard	1 each	-	\$5.00
1468	Lamb's Wool Padding	1 each	-	\$6.00
1469	Moleskin Plus Sheets	4 count	4 1/8" X 3 3/8"	\$5.00
1132	CURAD® Mediplast Wart Pad, 2" x 3"	1 each	2" x 3"	\$2.00
1432	Callus Control Cream	4 oz.	-	\$13.00
1471	Plantar Fasciitis Relief Sleeve, Large	1 sleeve	Men's 10-13, Women's 11-12	\$13.00
1472	Plantar Fasciitis Relief Sleeve, Medium	1 sleeve	Men's 6-9.5, Women's 7-10.5	\$8.00
1473	Plantar Fasciitis Relief Sleeve, Small	1 sleeve	Men's 5-6, Women's 4-6.5	\$8.00
1470	Plantar Fasciitis Relief Sleeve, Extra Large	1 sleeve	Men's 12.5-15, Women's 11.5-13	\$13.00
1974	Toe Protector	1 each	-	\$7.00
1981	Ultrastretch Night Sock	1 each	Fits Calf 16" - 21"	\$28.00
1982	Ultrastretch Night Sock	1 each	Fits Calf up to 16"	\$28.00



Hammer Toe Crest

Designed to aid in relief of hammer, claw and mallet toes. The toe crest loops around the second toe to cushion, protect and reduce foot pain and pressure.



Bunion Guard

Designed for wear on the big toe to cushion, protect and reduce pressure on bunions. Material is washable, reusable and hypoallergenic. Compatible with most footwear.



Plantar Fasciitis Relief Sleeve

The slip-on sleeve helps relieve symptoms associated with plantar fasciitis.

Personal Care

Oral Care

Item No.	Description	Pkg.	Size	Price
1485	Freshmint Denture Adhesive, Extra Strength	2 oz.	2 oz	\$4.00
1160	Oral Pain Relief Gel	0.33 oz.	-	\$3.00
1482	Biotène® Dry Mouth Moisturizing Spray	1.5 fl. oz.	1.5 oz	\$12.00
1155	Denture Cleansing Tablets	90 tablets	N/A	\$7.00
1873	Dental Floss - Waxed Mint	1 each	100 yards x 2	\$6.00
2317	Klutch Denture Adhesive Powder	1.75 oz.	-	\$12.00
1876	Denture Cleaning Brush	1 each	N/A	\$4.00
1157	Mint Flossers	90 count	-	\$3.00
1491	Moisture Lip Balm SPF 15	0.15 oz.	SPF 15	\$3.00
1490	Lip Balm SPF 45	0.15 oz.	SPF 45	\$3.00
1158	Medicated Lip Treatment	2 count	-	\$3.00
1480	Biotène® Dry Mouth Oral Rinse, Alcohol-free	16 fl. oz.	16 oz	\$12.00
1879	Polident® 3 Minute Denture Cleansing Tablets, 120 count, 2 pack	240 count	-	\$22.00
1487	GUM® Proxabrush® Go-Betweens Cleaners/Floss Picks	10 count	-	\$7.00
1880	Tongue Scraper with Cleaning Brush	2 Pack	N/A	\$5.00
1162	Super Poligrip® Denture Adhesive Cream	1 each	2.4 oz	\$11.00
1484	Toothbrush- Dental Clean, Medium Bristles	2 pack	-	\$2.00
1882	Toothbrush, Dental Clean, Soft Bristles	2 Pack	N/A	\$4.00
1163	Toothbrush, Extra Soft Bristles	1 each	N/A	\$2.00
1479	Aim™ Mint Gel	5.5 oz.	-	\$3.00
1483	Biotène® Dry Mouth Fluoride Toothpaste	4.3 oz.	4.3 oz	\$12.00
1161	Pepsodent® Toothpaste	5.5 oz.	-	\$3.00
1494	Freshmint Sensitive Toothpaste	4.3 oz.	-	\$3.00
1152	BrushPicks®	275 count	-	\$5.00

Wipes & Cloths

Item No.	Description	Pkg.	Size	Price
1926	Hydrogen Peroxide Wipes	40 wipes	3%	\$6.00

Personal Care

Skin Care & Hair Care

Item No.	Description	Pkg.	Size	Price
1716	Vitamin A and D Plus E Ointment	13 oz.	-	\$6.00
1251	Aloe Gel with Lidocaine 0.5%	8 fl. oz.	-	\$7.00
2045	Aloe Vera Gel	16 fl. oz.	-	\$5.00
1645	Calamine Lotion	6 fl. oz.	-	\$5.00
1428	Remedy® Cleanser No Rinse Foam	8 fl. oz.	-	\$5.00
1430	Soothe & Cool® Unscented No Rinse Cleanser	8 fl. oz.	-	\$3.00
1051	Cotton Balls	200 count	-	\$3.00
1647	Simply Soft Cotton Swabs, 300 Count	300 count	-	\$3.00
2046	Remedy® Intensive Skin Therapy Hydraguard-D Silicone Barrier Cream	4 oz.	-	\$6.00
2048	Remedy® Intensive Skin Therapy Skin Repair Cream	32 oz.	-	\$20.00
1429	Remedy® Hydrating Cleanser	8 oz.	-	\$6.00
1250	Soothe & Cool® Moisturizing Body Lotion	8 oz.	-	\$3.00
1518	Remedy® Nourishing Skin Cream	16 fl. oz.	-	\$8.00
1246	Remedy® Nourishing Skin Cream	8 fl. oz.	-	\$5.00
1720	Soothing Oatmeal Bath Treatment	8 count	-	\$8.00
2051	Remedy Intensive Skin Therapy Calazime Skin Protectant	4 oz.	-	\$7.00
1115	Remedy® Z-Guard® Skin Protectant Paste	4 oz.	-	\$6.00
1076	Petroleum Jelly - 13 oz.	13 oz.	-	\$4.00
1718	Soothe & Cool® Cornstarch Body Powder, 14 oz.	14 oz.	-	\$4.00
2053	Remedy® Intensive Skin Therapy Enlivaderm™ Serum	4 oz.	20% Urea	\$8.00
1252	Sunscreen Lotion - SPF 30	8 fl. oz.	SPF 30	\$9.00
2054	Sunscreen Spot Stick SPF 50	0.65 oz.	SPF 50	\$6.00
1605	Zinc Oxide Ointment	16 oz.	-	\$11.00

Cleanse



**Hydrating
Cleansing Foam**
1428

Moisturize



**Nourishing
Skin Cream**
1246

Barrier



**Remedy®
Intensive Skin
Therapy**
2046

Protect



Z-Guard
1115

Vitamins & Supplements

Item No.	Description	Pkg.	Size	Price
2061	Antioxidant Tablets	60 tablets	-	\$11.00
2063	Beta Carotene 25000IU	100 softgels	25000 IU	\$8.00
1258	Biotin 500mcg	60 tablets	500 mcg	\$5.00
1749	Calcium 600mg with Vitamin D 800 IU	300 tablets	600 mg/800 IU	\$13.00
1259	Calcium 600mg	150 tablets	600 mg	\$5.00
1754	Calcium Chews 650mg with Vitamins D & K, Chocolate	60 count	-	\$9.00
1747	Calcium Citrate 315mg with Vitamin D-3 250 IU	100 tablets	315 MG/250 IU	\$7.00
2064	Chromium Picolinate 1000mcg	100 tablets	1,000 mcg	\$8.00
1265	CoQ-10 100mg	30 softgels	100 mg	\$9.00
1266	DHEA	90 caplets	25 mg	\$12.00
1269	Ferrous Sulfate 325mg (Iron 65mg)	100 tablets	325 mg	\$3.00
1280	Omega-3 Fish Oil 1000mg	90 softgels	1,000 mg / 1 IU	\$9.00
1270	Flax Seed Oil 1000mg	60 softgels	1,000 mg	\$7.00
1271	Folic Acid 400mcg	100 tablets	400 mcg	\$4.00
1755	Glucosamine 750 mg and Chondroitin 600 mg	100 tablets	750 mg / 600 mg	\$26.00
1757	Diabetes Glucose Tablets, Orange flavor	50 chewable tablets	4 GM	\$6.00
1751	ImmuBlast™ Immune System Support, Orange flavor	32 chewable tablets	-	\$6.00
2067	Iron 27 mg	100 tablets	27 mg	\$6.00
2068	Krill Oil 350mg	60 softgels	350 mg	\$20.00
1746	L-Lysine 500mg	100 tablets	500 mg	\$6.00
2069	Magnesium Oxide Powder Packets 400mg	80 single-dose packets	400 mg	\$18.00
1745	Magnesium Oxide 400mg	120 tablets	400 mg	\$6.00
1275	Melatonin 5mg	30 tablets	5 mg	\$3.00
1261	Sentry Senior 50+ Multivitamin	100 tablets	-	\$7.00
1744	Multivitamin Gummies, Raspberry flavor	60 gummies	-	\$10.00
1267	Eye Vitamin & Mineral Supplement with Lutein	60 tablets	-	\$6.00

Vitamins & Supplements

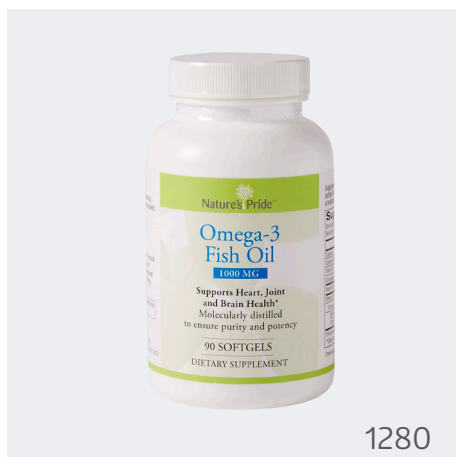
2072	Multivitamin & Mineral Powder Packets	80 single-dose packets	-	\$18.00
1276	Sentry Multivitamin & Multimineral Supplement	130 tablets	-	\$9.00
2318	Oral Probiotic Capsules	50 capsules	250 mg	\$28.00
2073	Vitamin Super B Complex with Vitamin C	100 tablets	-	\$12.00
1286	Vitamin A 10,000 IU	110 softgels	10,000 IU	\$7.00
1291	Vitamin B-12 500mcg	100 tablets	500 mcg	\$5.00
2074	Vitamin B-50 Complex	60 tablets	-	\$6.00
1292	Vitamin B-6 100mg	100 tablets	100 mg	\$5.00
1750	Vitamin C 500mg Chewable Tablets	110 tablets	500 mg	\$6.00
2075	Vitamin C Powder Packets 500 mg	80 count	500 mg	\$19.00
2076	Vitamin C 500mg, 250 count	250 tablets	500 mg	\$10.00
1295	Vitamin D-3 2000 IU	250 tablets	2000 IU	\$6.00
2078	Vitamin E 200 IU	100 softgels	200 IU	\$7.00



1750

Vitamin C 500 mg Chewable Tablets

Vitamin C helps neutralize free radicals and support healthy immune system.*



1280

Omega-3 Fish Oil 1000 mg

Fish oil concentrate softgel helps support heart, joint, and brain health.*



1295

Vitamin D3 2000 IU

Vitamin supplement that helps with the absorption of calcium and support bones, teeth and the immune system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Over-the-counter (OTC) benefit

STEP 1 Complete your information below:

Date of Birth

[illegible]

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STEP 2 Product selection

Item #	Product Description	Quantity	Price
1			\$
2			\$
3			\$
4			\$
5			\$
6			\$
7			\$
8			\$
9			\$
10			\$

Please visit <https://athome.medline.com/MHHP> **or mail to:**

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If you place your order using an order form, your order total will be applied to the quarter in which we receive your form.

For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to your third-quarter benefit, not your second-quarter benefit.

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