

**2023 HMO SUMMARY OF BENEFITS** 

H7115, Plan 001 January 1, 2023 - December 31, 2023

This Summary of Benefits documents provides an outline of health and drug services covered by **Memorial Hermann** *Advantage* **HMO** January 1, 2023 to December 31, 2023.

Memorial Hermann Advantage HMO is provided by Memorial Hermann Health Plan, Inc., a Medicare Advantage organization with a Medicare contract. Enrollment in this plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete listof services we cover, please call us and request the "Evidence of Coverage."

To join **Memorial Hermann** *Advantage* **HMO**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Texas: Brazoria, Fort Bend, Galveston, Harris, Liberty, and Montgomery.

Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227).TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille, large print, audio, or non-English language.

This information is not a complete description of benefits. Call (855) 645-8448 (TTY users should call 711), for more information or visit us at <a href="http://healthplan.memorialhermann.org/medicare/">http://healthplan.memorialhermann.org/medicare/</a>. Hours of operation between October 1st and March 31st are 8 a.m. to 8 p.m., 7 days a week. Hours of operation between April 1st and September 30th are 8 a.m. to 8 p.m., Monday through Friday.

	Thermain Advantage mino	
Summary of Benefits	What You Will Pay	
Monthly Plan Premium	<b>\$0</b> per month You must continue to pay your Medicare Part B premium.	
Deductible	\$0 deductible for medical	
Part D Deductible	\$0 deductible for Part D prescription drugs	
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	You pay no more than <b>\$3,400</b> annually. Includes copays and other costs for medical services for the year.	
Inpatient Hospital		
Inpatient Hospital stay	<b>\$350</b> copay	
Prior authorization rules may apply.		
Outpatient Hospital Services		
Ambulatory Surgical Center (ASC)	<b>\$125</b> copay	
Outpatient Surgery	<b>\$200</b> copay	
Outpatient Hospital Observation services	<b>\$200</b> copay	
Prior authorization rules may apply.		
Doctor Visits		
Primary Care Provider (PCP)	<b>\$0</b> copay	
Specialists (No referral is needed.)	<b>\$25</b> copay	
Telehealth Provider visit with PCP or Specialists	You pay the same copay for Telehealth visits as you do for in-person office visits.	
Memorial Hermann Virtual Office Visit <a href="https://www.memorialhermann.org/services/specialties/virtual-care/virtual-office-visit">https://www.memorialhermann.org/services/specialties/virtual-care/virtual-office-visit</a>	<b>\$0</b> copay	
Virtual visits exclusively through <b>Teladoc</b>	<b>\$0</b> copay	

## **Summary of Benefits**

## **What You Will Pay**

#### **Preventive Care**

- Abdominal aortic aneurysm screening
- o Annual wellness visit
- Bone mass measurement
- Breast cancer screening
- Cardiovascular disease testing every 5 years
- Cervical and vaginal cancer screening
- o Colorectal cancer screening
- o Depression screening
- o Diabetes screening
- Hepatitis C screening
- HIV screening
- Lung cancer screening
- Medical nutrition therapy
- Medicare Diabetes Prevention Program (MDPP)
- Obesity screening and therapy
- Prostate cancer screening
- Screening and counseling to reduce alcohol misuse
- Screening for sexually transmitted infections (STIs)
- Tobacco use cessation counseling
- Vaccines for flu, Hepatitis B, COVID-19, and pneumonia
- "Welcome to Medicare" preventive visit

\$0 copay

Please see your Evidence of Coverage for more information about these Medicare-covered preventive services.

## **Emergency and Urgently Needed Services**

**Emergency care** 

Worldwide Emergency care

Worldwide Emergency Transportation

**Urgently Needed services** 

\$50,000 USD maximum benefit for worldwide emergency.

**\$125** per visit

This copay is waived if admitted within 48 hours.

**\$125** per visit

This copay is waived if admitted within 48 hours.

20% coinsurance

**\$25** per visit

Coverage is worldwide.

What You Will Pay
*
<b>\$250</b> copay
20% coinsurance
\$25 copay per diagnostic test or procedure
<b>\$0</b> copay for lab services
<b>\$0</b> copay for x-rays
\$150 copay per test/service
\$350 copay per stay
<b>\$0</b> copay
<b>\$25</b> copay
<b>\$20</b> copay
<b>\$20</b> copay
<b>\$20</b> copay

Summary of Bonofits	What You Will Pay
Summary of Benefits Chiragraphia Care	What You Will Pay
Chiropractic Care  Manual manipulation of the apine to correct	\$20 capay
Manual manipulation of the spine to correct subluxation	\$20 copay
Acupuncture	
For the treatment of chronic lower back pain	<b>\$20</b> copay
Skilled Nursing Facility	
Days 1 - 20	<b>\$0</b> copay
Days 21 – 100	<b>\$125</b> copay
Prior authorization rules may apply.	
Home Health Care	
Medicare-covered Home Health visit	<b>\$0</b> copay
Home-based Palliative care	<b>\$0</b> copay
Prior authorization rules may apply.	
Home Infusion Therapy	
Medicare-covered home infusion therapy, including chemotherapy, anti-infectives, and other specialty medications to treat various conditions	20% coinsurance
Prior authorization is required for Medicare Part B drugs over \$1,000.	
Hospice	
Covered services include drugs for symptom control and pain relief, short-term respite care, and home care.	Covered
Prior authorization rules may apply.	

	Memoriai Hermann <i>Advantage</i> HMO
Summary of Benefits	What You Will Pay
Diabetic Services and Supplies	
Medicare-covered Diabetic Supplies	20% coinsurance
Diabetes self-management training	0% coinsurance
Preferred exclusive brands of glucometers and test strips (One Touch by Life Scan and Accu-Chek by Roche)	0% coinsurance
Medicare-covered therapeutic custom-molded shoes or inserts	20% coinsurance
Continuous Glucose Monitors (CGM) are limited to our preferred manufacturers, DexCom G6 and Freestyle Libre. We may only cover other brands and manufacturers if your doctor or other provider tells us that the preferred brand is not appropriate for your medical needs.	20% coinsurance for the preferred CGM brands at a network pharmacy (retail) All other brands are excluded.
Durable Medical Equipment (DME)	
Covered items include, but are not limited to: wheelchairs, crutches, powered mattress systems, diabetic supplies, hospital beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, and walkers.	20% coinsurance
Wigs for chemotherapy patients	<b>\$0</b> copay
Prior authorization rules may apply.	
Transportation	
Includes taxi, rideshare services, bus, subway, van, and medical transport.	Up to <b>10</b> plan-approved one-way transports to health-related locations per year
Meals	
Meals provided immediately following inpatient hospitalization discharge.	Up to 10 meals delivered per hospital discharge
Over-the-counter (OTC) Items	
The Plan reimburses for certain OTC items every 3 months.	\$40 maximum reimbursement per quarter
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Dental Services	
\$2,000 annual maximum plan benefit	
<ul> <li>Preventive Services</li> <li>Oral Exam (every 6 months)</li> <li>Prophylaxis (Cleanings) (every 6 months)</li> <li>X-rays (every 6 months)</li> <li>Fluoride Treatments (every 6 months)</li> </ul>	\$0 copay for Preventive services from a network provider  20% coinsurance for Preventive services from a non-network provider
Comprehensive Services  Diagnostic Extractions Restorative (fillings, bridges) Endodontics (root canal) Periodontics (scaling, root planing) Non-routine services Prosthodontics (dental appliances, dentures) Other Oral/Maxillofacial Surgery Other services  Dental benefits are provided by Liberty Dental. To search for a provider, visit their website at: <a href="https://client.libertydentalplan.com/MemorialHermannMedicare/FindADentist">https://client.libertydentalplan.com/MemorialHermannMedicare/FindADentist</a>	<ul> <li>\$20 copay per visit for each Medicare-covered Comprehensive service</li> <li>0% of the cost for in-network Diagnostic services.</li> <li>20% coinsurance of the cost for out-of-network Diagnostic services</li> <li>20% coinsurance for in-network Extractions, Restorative, Endodontic, Periodontic, and Non-routine services</li> <li>50% coinsurance for out-of-network Extractions, Restorative, Endodontic, Periodontic, and Non-routine services</li> <li>50% coinsurance for in and out-of-network Prosthodontics, Other Oral/Maxillofacial Surgery, and Other services</li> </ul>
Vision Services	
Medicare-covered Eye Exams	<b>\$20</b> copay
Routine Vision Exams	<b>\$0</b> copay
Glaucoma Screenings	\$0 copay for one annual screening
Diabetic Retinopathy Screenings for Diabetics	\$0 copay for one annual screening
Eyewear (contacts, lenses, frames)	<b>\$200</b> annual total benefit for eyewear or contact lenses

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Hearing Services	
Medicare-covered Annual Hearing Exam	<b>\$20</b> copay
Routine Hearing Exam performed by PCP	\$0 copay for basic hearing and balance exam
Hearing Exam performed by Audiologist	<b>\$0</b> copay for exam to diagnose and treat hearing and balance
Hearing Aid(s)	\$400 annual total allowance for hearing aid(s), both ears combined
Opioid Treatment Program	
Medicare-covered Opioid Treatment visit	<b>\$20</b> copay
Inpatient Hospital stay	\$350 copay per stay
Prior authorization rules may apply.	
Outpatient Substance Abuse	
Outpatient individual or group therapy visit	<b>\$25</b> copay
Additional Health & Wellness Benefits	
Fitness Center Membership	<b>\$0</b> copay for Fitness Program via home exercise kit program
New and fun ways to get fit and stay healthy, the	
Silver & Fit program consists of:	
<ul> <li>Being a member at a Silver &amp; Fit fitness club</li> </ul>	
or exercise center that participates in	
Memorial Hermann Advantage HMO basic	
program is at no cost to you. You may	
choose to purchase additional buy-up services. Contact your exercise center.	
<ul> <li>The Silver &amp; Fit Home Fitness program, if</li> </ul>	
you cannot get to a fitness facility or prefer	
to work out at home.	
<ul> <li>Healthy Aging classes (online or DVD)</li> </ul>	
<ul> <li>The Silver Slate® newsletter 4 times per</li> </ul>	
year	
The Silver & Fit website     A tell free telephone betting to answer.	
<ul> <li>A toll-free telephone hotline to answer questions about the program</li> </ul>	
Available contracted fitness club location must be	
utilized throughout the service area. Specific class	
offerings will vary by location.	

Summary of Benefits Healthy Advantage Wellness Rewards Program	Memorial Hermann <i>Advantage</i> HMO What You Will Pay
<ul> <li>Complete the following activities to earn rewards:</li> <li>Annual Health Risk Assessment</li> <li>Annual Wellness Visit</li> <li>Breast Cancer Screening</li> <li>Colon Cancer Screening</li> <li>Retinal Eye Exam</li> </ul>	Earn up to \$180 in gift card rewards for CMS-approved goods and services.
Case Management	
<ul> <li>A Case Manager is a Registered Nurse (RN) who provides one-on-one care to the member, with a focus of maintaining wellness and independence. Examples include: <ul> <li>helping to understand a new diagnosis and how to manage it;</li> <li>finding a new in-network provider; and</li> <li>helping a member find community resources if they're struggling to pay bills or having trouble moving safely around their home</li> </ul> </li> </ul>	

Medicare Part B Drugs	
Chemotherapy / Radiation drugs	20% of the cost
Other Part B drugs	20% of the cost
Prior authorization is required for drugs over \$1,000.	
Telephone/Virtual Services	
Virtual visits through Primary Care Physicians	<b>\$0</b> copay
Specialist Virtual visits	<b>\$25</b> copay
Urgently Needed services	<b>\$25</b> copay
<ul> <li>Individual and Group sessions for:</li> <li>Mental Health Specialty services</li> <li>Psychiatric services</li> <li>Outpatient Substance Abuse</li> </ul>	<b>\$0</b> copay <b>\$25</b> copay <b>\$25</b> copay
Memorial Hermann Virtual Office Visit <a href="https://www.memorialhermann.org/services/specialties/virtual-care/virtual-office-visit">https://www.memorialhermann.org/services/specialties/virtual-care/virtual-office-visit</a>	<b>\$0</b> copay
24/7 Telephonic visit available through <b>Teladoc</b> . You may register or log in to Teladoc at <a href="https://www.teladoc.com/">https://www.teladoc.com/</a> .	<b>\$0</b> copay

## PRESCRIPTION DRUG BENEFITS (PART D)

**Deductible Phase** \$0 deductible for Part D drugs

## **Initial Coverage Phase**

During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.

You stay in this Initial Coverage Stage until your **total drug costs** (total of all payments made for your covered Part D drugs) for the year reach **\$4,660**.

Initial Coverage	Retail Cost- sharing (In-Network) (30-day supply)	Retail Cost- sharing (In-Network) (90-day supply)	Mail Order Cost-sharing (90-day supply) through Costco
Tier 1: Preferred Generic	Preferred Pharmacy \$0 copay	Preferred Pharmacy \$0 copay	<b>\$0</b> copay
Tier 2: Generic	\$5 copay	<b>\$10</b> copay	<b>\$10</b> copay
Tier 3: Preferred Brand	<b>\$39</b> copay	<b>\$78</b> copay	<b>\$78</b> copay
Select Insulins (SI)	<b>\$35</b> copay	<b>\$70</b> copay	<b>\$70</b> copay
Tier 4: Non-Preferred Drug	<b>\$92</b> copay	<b>\$184</b> copay	<b>\$184</b> copay
Tier 5: Specialty	33% coinsurance	Not offered	Not offered
Tier 6: Select Care	<b>\$0</b> copay	<b>\$0</b> copay	<b>\$0</b> copay

Cost-Sharing may change depending on the pharmacy you choose and when you enter a new phase of the Part D benefit.

Select Care Drugs (Tier 6) have low or no copayment for this tier and is limited to select generic medications commonly prescribed to treat ongoing health conditions like high blood pressure, cholesterol, and diabetes.

Select Insulins (SI) are limited insulin products that are selected as part of the CMS Senior Savings Model program at a reduced member copay. To find out which drugs are Select Insulins, review the most recent Drug List. If you receive Low-Income cost-sharing Subsidy (LIS), sometimes called Extra Help, you already have a set copayment and are not eligible for the savings on Select Insulins (SI) copayments. Only, non-LIS enrollees are eligible for the cost sharing for Select Insulins (SI).

**Important Message About What You Pay for Vaccines** – Our Plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.

### Coverage Gap -

During this stage, you pay 25% of the price for brand name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs.

You stay in this stage until your year-to-date "out-of-pocket costs" (total of all payments made for your covered Part D drugs) reach a total of \$7,400. This amount and rules for counting costs toward this amount have been set by Medicare.

Memorial Hermann *Advantage* HMO offers additional gap coverage for Select Insulins (SI). During the Coverage Gap stage, your out-of-pocket costs for Select Insulins (SI) will be **\$35.00** for a 30-day supply.

Select Care Drugs (Tier 6) are available at **\$0** copayment at preferred pharmacies during the Coverage Gap stage.

Not everyone will enter the Coverage Gap.

## Catastrophic Coverage -

You qualify for the Catastrophic Coverage Stage when your out-of-pocket drug costs have reached the **\$7,400** limit for the calendar year. Once you are in the Catastrophic Coverage Stage, you will stay in this payment stage until the end of the calendar year.

During this stage, the plan will pay most of the cost for your drugs.

- Your share of the cost for a covered drug will be either coinsurance or a copayment, whichever is the *larger* amount:
  - o either coinsurance of 5% of the cost of the drug
  - $\circ$  -Or-\$4.15 for a generic drug or a drug that is treated like a generic and \$10.35 for all other drugs.

Our plan pays the rest of the cost.

### **Mail Order Pharmacy**

Receive up to a 90-day supply of your drug through Costco. You do not need to be a Costco member to use their mail order pharmacy service.

#### **Preferred Pharmacies**

Prescription Drug costs may be less at pharmacies that offer preferred cost sharing. Retail pharmacies offering lower cost sharing are:

Costco

**CVS** 

HEB

Wal-Mart

Select Memorial Hermann pharmacy locations

To find out more about the pharmacy network, please visit our site at: https://healthplan.memorialhermann.org/medicare-advantage/pharmacy-benefits/pharmacy-directory

