Programs accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) include:

Full Restoration Program Designed for clients who continue to experience chronic pain and functional limitations despite surgeries, interventional procedures, the use of narcotic medication or other unsuccessful attempts to manage pain symptoms. The program incorporates a full complement of services addressing physical, psychological, vocational and nutritional needs.

Functional Crossover Program Offers the client educational and behavioral components of pain management services as well as functional restoration and job simulation services.

Focus Program Targets the psychological and medical aspects of pain. Clients with psychiatric treatment needs or those seeking to discontinue pain-related medications are offered specialized assistance.

Fundamental Program Offers modified hours and a component structure to fit the needs of clients experiencing excessive discomfort in their work or daily activities.

The following treatment components may be utilized in the pain management programs:

- Acupuncture, traditional Chinese medicine
- Cardiovascular conditioning
- Core stabilization
- Ergonomic training
- Group psychotherapy
- Home exercise programs
- Individual psychotherapy
- Job simulation
- Manual and myofascial therapy
- Medication management and detoxification
- Mindfulness meditation, relaxation
- Stretching and flexibility exercise
- Tai Chi, yoga
- Vocational counseling
- Wellness education

Referrals and Scheduling
To refer a patient for evaluation or treatment, call 713-338-4949 or fax an order to 713-338-4948.
Established in 1988, Successful Returns© includes these comprehensive Industrial Rehabilitation Program services:

- Work Hardening/Work Conditioning Programs accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)
  - >95 percent patient-satisfaction rate
  - >87 percent return-to-work rate
- Functional Capacity Evaluations (FCEs)
- Impairment rating evaluations
- Pre-placement and physical agility testing
- Multidisciplinary team with PT, psychological, and vocational services
- Job-site evaluations and ergonomic assessments
- Injury-prevention education and ergonomic training
- Job demand and work-site analysis
- Job description reviews and generation of ADA-approved job descriptions
- Onsite rehabilitation

Referrals and Scheduling
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